

Literacy and Maths

These activities will be set daily via Microsoft Teams.

Topic – North America

Geography: This week, we start our new topic – North America. Watch this lesson about North America's countries and physical features. Complete the task at the end. It may also be helpful for you to have a globe, atlas or paper map of the world but don't worry if you don't have these.

<https://classroom.thenational.academy/lessons/what-are-north-americas-countries-and-physical-features-ctgked?activity=video&step=1>

Also think about where North America is in relation to the UK and Europe. *Optional: If you wish, you can copy out a map of the continent in pencil. With a colour pencil, colour in its countries and label them in pencil. Label the surrounding oceans too.*

DT: Research some North American dishes and recipes. Examples could be hamburgers, apple pie or tacos. Choose something to cook with your parents. Write down the recipe and include photos of you enjoying the food together!

French: Did you know that French is spoken in parts of Canada and the Caribbean? Using all the phrases you practised last term, write a short letter about yourself to an imaginary pen-pal in Canada or a Caribbean island.

Music: Listen to the national anthems of a few North American countries. Can you learn the words to one and perform it?

RE Topic: Memorial Sacrifice

1. As we enter this holy month of Lent, think carefully and write down what your Lenten Promise is. Decorate it if you wish.
2. We have been studying how the Eucharist remembers Jesus' sacrifice. During the Mass, after the priest has said the words of consecration, he says, "The mystery of faith" (because we cannot fully understand/explain it). Catholics believe Jesus is truly present and we now have the chance to speak to him. After reading the three responses/acclamations we usually make (listed below), write a new acclamation to the mystery of faith, addressed to Jesus.

We proclaim your Death, O Lord, and profess your Resurrection until you come again.

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

Save us Saviour of the world, for by your Cross and Resurrection, You have set us free.

Weekly Home Learning Tasks **Week beginning 22/2/21**

ITU Wonderwall

Support the NHS

You still have plenty of time to submit your entries to this fun competition and help brighten the walls of Southend Hospital's busy Critical Care unit (ITU).

Entrants will compete for prizes in two categories:

1. the most inspirational picture and
2. the most inspirational written piece

Write your name, class and school on the back. Entries can be emailed, carefully photographed, posted or dropped into school. Deadline for entries: **10th March**.

We would love to see your work! You can still upload photos of your work, as well as digital copies, on Teams.

PE

Southend Schools' Lockdown Challenge

There are still two weeks remaining to take part! There are 2 personal best challenges. Select which one you wish to participate in:

1. To travel a certain distance by walking, running, cycling or scooting until 7th March or
2. To pledge an amount of time you want to commit to participating in physical activity until 7th March.

Connect and get moving

Parents and carers – signing up to Go Noodle for free gives you access to plenty of fun, family activities, videos and blogs: www.gonoodle.com

Mindfulness

Check out this website for cool meditation videos to help create an aura of tranquillity amidst the chaos...

<https://www.newhorizonholisticcentre.co.uk/kids-meditation.html>

Art: Research the famous American artist Andy Warhol, who was a leading figure of the pop art style during the 1950s. Create your own piece of pop art (or as many as you like). Take plenty of photos of your amazing creations. Write a short paragraph about what you like or dislike about this style of art.