

# ST. HELEN'S CATHOLIC PRIMARY SCHOOL

## WINTER LUNCH MENU (S/C WEEK 4)

WEEK 1	MONDAY	TUESDAY	Wednesday	Thursday	Friday
RED	Pizza - cheese & tomato with beans milk in cheese, wheat in pizza	Chicken nuggets & wedges with hot veg wheat, milk, egg	Roast meat & roast potatoes with hot veg	Chicken pie & potatoes with hot veg milk, wheat in pastry	Cod fish fingers & chips & beans fish, wheat
GREEN	Pizza - cheese & tomato <u>NO</u> beans milk in cheese, wheat in pizza	Quorn nuggets & wedges with hot veg wheat	Quorn slices & roast potatoes with hot veg egg, milk	Quorn pie & potatoes with hot veg milk, egg, wheat in pastry	Cod fish fingers & chips fish, wheat
BLUE	Baked potato with cheese milk in cheese	Baked potato with cheese milk in cheese	Baked potato with cheese milk in cheese	Baked potato with cheese milk in cheese	Baked potato with cheese milk in cheese
PURPLE	Baked potato with tuna mayo fish in tuna, egg in mayo	Baked potato with tuna mayo fish in tuna, egg in mayo	Baked potato with tuna mayo fish in tuna, egg in mayo	Baked potato with tuna mayo fish in tuna, egg in mayo	Baked potato with tuna mayo fish in tuna, egg in mayo
PINK	Cheese wrap milk in cheese, wheat	Egg roll egg, wheat in roll	Tuna sandwich fish in tuna, egg in mayo, wheat	Cheese roll milk in cheese, wheat in roll	Cheese wrap milk in cheese, wheat
ORANGE	Ham wrap wheat	Turkey roll wheat in roll	Chicken sandwich wheat	Sausage roll sulphites in sausages, wheat in roll	Tuna mayo wrap egg in mayo, fish in tuna, wheat
YELLOW	HOME PACKED LUNCH	HOME PACKED LUNCH	HOME PACKED LUNCH	HOME PACKED LUNCH	HOME PACKED LUNCH