

# ST. HELEN'S NEWS

11<sup>th</sup> September 2020

<https://www.facebook.com/sthelenswestcliff/>

ASSISI  
CATHOLIC  
TRUST



## Our Mission Statement

Respect yourself  
Respect everyone in our school community  
Respect everyone in our local community  
Respect everyone in our global community  
But most of all, respect God our Father in Heaven



Senior Leaders  
Special Mentions

To the whole school  
community for a happy  
return to school!

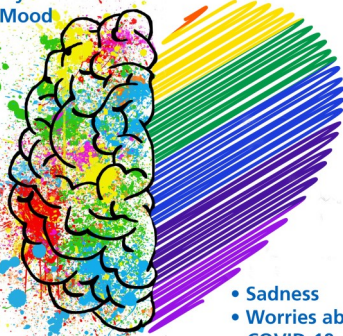
Please note we have introduced a one-way system down the path— PLEASE KEEP TO THE LEFT.

If your child has a bike or scooter and goes into school through the front door or Yr 2 cage, please can you take them to the bike shed first and then to their point of entry. Thank you.

## How are you?

NHS

- Anxiety
- Low Mood



- Sadness
- Worries about COVID-19

Counselling for Children and Young People (5-18 years)

01245 348707

or email: [cypcounselling.kidsinspire@nhs.net](mailto:cypcounselling.kidsinspire@nhs.net)

Need to talk to someone? We can help.

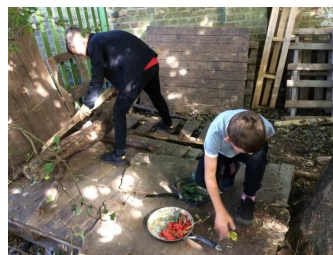
A service for Castlepoint and Rochford, Mid Essex and Southend

## NEW: Specialist Counselling Service for children and young people (Southend)

As part of the response to Covid-19, and the increase in demand for mental health support for our children and young people, a new service has recently been commissioned to support children and young people aged 5-18 years (or up to 25 if in receipt of an Education, Health and Care Plan). Kids Inspire, Open Door and South East and Central Essex Mind are a partnership to deliver a specialist early intervention service for children and young people with emerging mental health issues.

Children and young people can be referred to this service by professionals, schools, teachers, family members (with consent from child or young person) and without going via a GP. The three organisations will see children and young people with any of the following issues:

- Low level depression
- Anxiety
- Low mood
- Worries and concerns arising from Covid-19



Class 5A were having a great time in the Nature Area investigating materials and fire. Later they were designing dragon traps!





## Stars of the Week

Will be back as usual next week.

Hedgehogs  
Squirrels  
1 Jellyfish  
1 Starfish  
2 Seahorses  
2 Oysters  
Class 3C  
Class 3GC  
Class 4F  
Class 4G  
Class 5  
Class 6

## POSITIVE PLAY SUPERSTARS

Keep watching this space!

## RE Topics – Domestic Church

**Early Years – MYSELF** God knows and loves each one

**Year 1 – FAMILIES** God's love and care for every family

**Year 2 – BEGINNINGS** God at every beginning

**Year 3 – HOMES** God's dream for every family

**Year 4 – PEOPLE** The family of God in Scripture

**Year 5 – OURSELVES** Created in the image and likeness of God

**Year 6 – LOVING** God who never stops loving

## SEPTEMBER/OCTOBER EVENTS 2020

Wednesday, 16th September

5H Nature Area Day— please wear suitable clothes to school

Wednesday, 23rd September

4G Nature Area Day— please wear suitable clothes to school

Wednesday, 30th September

2 Oysters Nature Area Day— please wear suitable clothes to school

Wednesday, 7th October

5H Nature Area Day— please wear suitable clothes to school

Wednesday, 14th October

1 Jellyfish Nature Area Day—please wear suitable clothes to school

Monday, 19th October

Flu immunisations

Tuesday, 20th October

Individual photos—to be confirmed

Wednesday, 21st October

3C Nature Area Day—please wear suitable clothes to school

**HALF TERM MONDAY 26TH OCTOBER — FRIDAY 30TH OCTOBER**

## HARP'S HARVEST COLLECTION

This year we will be collecting again for HARP from 21st September. Below is a list of suggested items. The last day will be 16th October.

### URGENTLY NEEDED

Tinned meals (curry/chilli etc)  
Coffee Sugar Fruit squash UHT milk  
Tinned meat (spam, corned beef, ham)  
Curry/chilli/ etc cooking sauces  
Cooking oil  
Pot Noodles/Supernoodles  
Tinned new potatoes Mayonnaise, ketchup, brown sauce and BBQ sauce  
Jars of sandwich fillings and paste

### NEEDED

Tinned hot dogs and meatballs  
Tinned pasta, ravioli, macaroni, spaghetti  
Fray Bentos meat pies and puddings  
Microwave rice pouches Pasta and pasta bake sauces  
Cooking sauces (chilli, curry etc) Pickles, pesto & pastes  
Salad dressings Sauce mix sachets  
Multipacks of small packs of crisps Snack chocolate bars Cans and cartons of soft drinks  
Gravy, stuffing and stock cubes  
Batter and crumble mix  
Rice pudding  
Instant mash  
Tinned fish including tuna  
Pasta sachets  
Ground pepper, herbs & spices Biscuits  
Tinned fruit  
Breakfast cereals  
Tinned vegetables  
1ltr cartons of fruit juice  
Microwave sponge puddings  
Marmite, peanut butter, honey etc.

THANK YOU SO MUCH FOR YOUR SUPPORT



Shape Sorting in Year 6

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School Gateway: [www.schoolgateway.com](http://www.schoolgateway.com)

Facebook: <https://www.facebook.com/sthelenswestcliff/>