

Hope that you enjoy these ideas. Email us at [eyfs@st-helens.southend.sch.uk](mailto:eyfs@st-helens.southend.sch.uk) and share photos of your work. Remember that new challenging activities are set weekly on Education City.

#### Shape fun!

You will need: crayons, scissors, paper and glue. Take your crayons and paper around the house or garden and see how many rubbings you can make of textured objects. Then cut the rubbings into different shapes and make a shape picture.

Remember to look at [nurturestore.co.uk](http://nurturestore.co.uk) for more fun ideas.

#### Exercise challenge!

"Balloon Keepy Uppy". How long can you keep the balloon up without touching the floor? Try using your foot, knee, hand, elbow and head. You could time and record your attempts - what was your best time?

## Hedgehogs And Squirrels

Don't forget it's Father's Day on 21st June. You may decide to make your important person a special card. Decorate the front of the card with your design using pencils, crayons, paints, glitters or collect natural objects that you may find whilst walking. Use your sounds to help you write inside your card.

#### An indoor herb garden: Cress Heads

Decorate empty yoghurt pots with funny faces. Wet some kitchen roll and place it in the bottom of your pot. Then wet some cotton wool and place it on top of the kitchen roll. Sprinkle a teaspoon of cress seeds onto the wet cotton wool and press them down gently with your finger. Place your pots on a windowsill. Water each day and watch them grow. When they reach about 10cm you can add the cress to your sandwich. Yummy!

#### Science fun - Cornflour slime

You will need: 1 cup of cornflour and ½ cup of water. (Food colouring is optional).

Pour the cornflour into a container and slowly add water. Mix gently. Tap the slime quickly using 2 fingers - what happens? Slowly push your fingers into the slime. What is different? Pick up a blob and roll it into a ball. Have fun.

#### Make a band!

You will need: pots, pans and a wooden spoon; old food containers with lids; rice, pasta or beads. Decorate the outside of your food container and fill with rice, pasta or beads. Upturn the pots and pans to create drums. Practice shaking your shaker or beating your drum to the beat whilst singing a nursery rhyme. Or make up rhythms using words to help you, for example "I love fish and chips".

#### Cooking 12 Chocolate Crispy Cakes!

You will need: 100g of chocolate, 50g of butter, 2 tablespoons of golden syrup, 100g of Cornflakes or Rice Crispies. Melt the chocolate in a large bowl in the microwave, then add the butter and syrup and stir. Add the cereal and carefully mix into the gooey chocolate. Spoon into cake cases. Leave to set. Take a photo before eating your delicious homemade treats.

"Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit"  
Matthew 28:19