



# ST. HELEN'S CATHOLIC PRIMARY SCHOOL

## BULLETIN

27th March 2026



ASSISI  
CATHOLIC  
TRUST

### DATES FOR YOUR DIARY

Friday 27th March– Today is our last day before Easter Holidays

30th March-10th April-Easter Holidays

Monday 13th April-Inset day-School closed to children

Tuesday 14th April-Children return to school

### GOODBYE MR NIMMO

On behalf of all the staff, children, and parents, we would like to wish Mr Nimmo all the very best for his retirement and thank him for his many years of dedicated service to the school, as well as for keeping everything running smoothly.

Congratulations on a well-deserved retirement, and best wishes for this exciting new chapter!

(His last working day is Monday 13th April-our Inset day)

St. Andrew 2359

St. Patrick 2417

St. David 3206

St. George 2980

### Our Mission Statement

Respect yourself

Respect everyone in our school community

Respect everyone in our local community

Respect everyone in our global community

But most of all,

Respect God our Father in Heaven



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Westcliff on Sea  
Essex, SS0 7AY



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[www.st-helens.southend.sch.uk](http://www.st-helens.southend.sch.uk)

[www.schoolgateway.com](http://www.schoolgateway.com)

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[office@st-helens.southend.sch.uk](mailto:office@st-helens.southend.sch.uk)

# EASTER SOCCER

## ★ SCHOOLS 2026 ★



COMMUNITY  
FOUNDATION

### DATES

- Week 1: 30/03/26 - 02/04/26
- Week 2: 07/04/26 - 10/04/26

### VENUES

- Garon Park
- Clements Hall
- Eversley Leisure

### TIMES

- ✓ 9:00am - 3:00pm (PAID)
- ✓ 10:30am - 2:30pm (HAF)
- ✓ Fun Football Games
- ✓ Skill Development
- ✓ Matches & Tournaments
- ✓ Qualified Coaches
- ✓ Prizes & Awards
- ✓ Make New Friends!

**£25**  
PER DAY!

Scan Here To Book!



**LIMITED SPACES AVAILABLE - BOOK EARLY!**

The next Football licence  
workshop will be on the  
20th April 2026  
3.30pm

APRIL TO OCTOBER 2026  
NOURISH

# SPRING INTO SUMMER MENU

CHECK THE DATE ↓

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK ONE</b>	<b>Beef Bolognese Pasta 1, 7</b> <b>Cheese &amp; Pesto Swirl 1, 7, V</b> Jackets with a Choice of Toppings 7, 8, 9  Baked Wedges Seasonal Vegetables  Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	<b>Macaroni Cheese 1, 7, V</b> <b>Chick Pea &amp; Spinach Biryani VG</b> Jackets with a Choice of Toppings 7, 8, 9  Carrots Mixed Peppers  Toffee Tart 1, 7 & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	<b>Roast Gammon &amp; Gravy</b> <b>Meatfree Meatballs &amp; Gravy 6 VG</b> Jackets with a Choice of Toppings 7, 8, 9  Rustic Roast Potatoes Cabbage Swede  Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3, 7, Fruit Pots VG	<b>Chicken Korma</b> <b>Herby Tomato Pasta 1 VG</b> Jackets with a Choice of Toppings 7, 8, 9  Rice Green Beans Carrots  Chocolate Orange Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3, 7, Fruit Pots VG	<b>Fish Fingers 1, 8</b> <b>Wrap Stack 1, 7, V</b> Jackets with a Choice of Toppings 7, 8, 9  Chips Sweetcorn & Peas Coleslaw 9  Lemon Drizzle Biscuit 1, 6 VG Fruit Pots VG
<b>WEEK TWO</b>	<b>Cheesy Cauliflower Pasta 1, 7, V</b> <b>Vegetable Burger in a Bun 1, 5, 6 VG</b> Jackets with a Choice of Toppings 7, 8, 9  Baked Wedges, Carrots, Peas  Honey Cake 1 & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	<b>Minced Beef Curry</b> <b>Pesto &amp; Pea Pasta 1 VG</b> Jackets with a Choice of Toppings 7, 8, 9  Rice Seasonal Vegetables  Summer Trifle 1, 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	<b>Roast Chicken &amp; Gravy</b> <b>Samosa Puff 1 VG</b> Jackets with a Choice of Toppings 7, 8, 9  Rustic Roast Potatoes Broccoli Carrots  Cornflake Cookie 1, 7, 16 Mr Nourish Biscuit 1 VG Yoghurt 3, 7, Fruit Pots VG	<b>Chicken Fajita 1</b> <b>Tomato Spaghetti 1 VG</b> Jackets with a Choice of Toppings 7, 8, 9  Rice Tomato Salsa Green Beans  Carrot & Orange Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3, 7, Fruit Pots VG	<b>Salmon Fish Cake 1, 8</b> <b>Margherita Pizza 1, 3, 7, V</b> Jackets with a Choice of Toppings 7, 8, 9  Chips, Grated Carrot  Oaty Biscuit 1, 15 VG Yoghurt 3, 7 Fruit Pots VG
<b>WEEK THREE</b>	<b>Mild Chilli Beef</b> <b>Tomato &amp; Herb Penne Pasta 1 VG</b> Jackets with a Choice of Toppings 7, 8, 9  Rice Peas Mixed Peppers  Jam Roly Poly 1, 6 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	<b>Chicken Pie 1</b> <b>Vegetable Stir Fried Noodles 1 VG</b> Jackets with a Choice of Toppings 7, 8, 9  Crushed Potatoes Seasonal Vegetables  Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	<b>BRUNCH</b> <b>Pork Sausage &amp; Bacon 1, 3, 6</b> <b>Or Vegetable Sausage 1 VG</b> Jackets with a Choice of Toppings 7, 8, 9  Brunch Hash Potatoes Baked Beans Mushrooms & Tomatoes  Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3, 7, Fruit Pots VG	<b>Margherita Pizza 1, 3, 7, V</b> <b>Loaded Cajun Bean Wedges VG</b> Jackets with a Choice of Toppings 7, 8, 9  Rainbow Rice Sweetcorn Coleslaw 9  Sultana Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3, 7, Fruit Pots VG	<b>Fish Fingers 1, 8</b> <b>Cheese &amp; Bean Parcel 1, 7, V</b> Jackets with a Choice of Toppings 7, 8, 9  Chips, Peas, Baked Beans Cucumber Sticks  Caramel Cookie 1, 7, V Yoghurt 3, 7, Fruit Pots VG

1 Wheat 2 Gluten 3 Crustaceans 4 Soybean 5 Mustard 6 Sesame 7 Sulphites/Sulphur Dioxide 8 Milk 9 Fish 10 Egg 11 Peanuts 12 Molluscs 13 Celeriac/Celery 14 Nuts 15 Lupins 16 Oat 17 Gluten 18 Barley 19 Gluten VG Vegan V Vegetarian

Selection of Salads 9, Homemade Bread 1, 3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

AVAILABLE DAILY

BAGUETTES ORANGE

## THANK YOU

Thank you to all the parents who contributed £1 for their child/children to take part in the Easter Egg Hunt. The children had a wonderful time, and together you raised a fantastic £173.00 for CAFOD!

A special thank you as well to our School Council and Liturgy Pupils for their help in running the event.



DIOCESE OF BRENTWOOD  
**ST. HELEN'S CATHOLIC PRIMARY SCHOOL**



**HEADTEACHER: MISS LIZ KEEBLE**

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26 March 2026

**\*\*\*CHANGE TO CHURCH CHOIR REHEARSAL TIME\*\*\***

Dear Families

I would like to make you aware of some changes to the Church Choir's rehearsal schedule. As many of you may know, rehearsing during the lunch hour has become increasingly difficult. This is due to several factors:

- Many children understandably prefer to use their lunch break to play with friends and are reluctant to come indoors for rehearsal.
- Depending on their lunch slot, some children arrive very late to rehearsals and miss a significant portion of the session.
- My own workload has been particularly heavy this spring term, and I have been out of school on several occasions, which has further limited our rehearsal time.

In order to maintain the high standard of the Church Choir and to ensure the children are fully prepared for each mass—and have the opportunity to learn new liturgical music—I will be moving choir rehearsals to Monday after school, finishing at 4:15pm. I appreciate that this change may be inconvenient for some families, but I believe it is the right step to give the choir the attention and consistency it deserves.

Rehearsal and Mass Dates for the Summer Term:

Monday 20 April  
Monday 27 April  
Sunday 10 May – 9:30am Mass  
Monday 4 May – Bank Holiday (No Rehearsal)  
Monday 11 May  
Monday 18 May  
Monday 1 June  
Sunday 7 June – 9:30am Mass  
Monday 8 June  
Monday 15 June  
  
Monday 22 June – No Rehearsal  
Monday 29 June – No Rehearsal  
Sunday 5 July – 9:30am Mass

**Please understand that the children are ALWAYS welcome at mass, *whether they have been able to participate in rehearsals or not*** and other commitments on a Monday evening do not preclude them from coming along to church.

Thank you very much for your understanding and continued support. I look forward to a rewarding and musical summer term with the children.

+in hoc signo vinces+



**LIZ KEEBLE**  
Head Teacher

St. Helen's Catholic Primary School  
North Road  
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## Values Children



R St John Fisher	<b>Rayven Rayos-Patience</b> –he has become so much more confident, understanding fairness and happily working in a group. Despite his enthusiasm to join in, he waits his turn in whole class learning on the carpet.
R St Margaret Clitherow	<b>Abram Subin-Empathy</b> –for being kind and looking after another child in his class.
1 St Augustine	<b>Adele Gomo – Service</b> – for being a good friend to another child in the class, sharing her time and ideas. She has been supportive and helpful. Well done Adele!
1 St Ursula	<b>Aarav Anand and Seth O'Shea -Courage</b> – trying to learn and develop a new skill is often frightening but they have both succeeded in overcoming their fears of the swimming pool this week. They have shown great courage at having a go and by having a go they have also demonstrated other school values too, resilience for trying and not giving up, patience in waiting to take their turn and enjoyment in their learning whilst developing a new skill. We are very proud of them.
2 St Thomas Becket	<b>Alexander Forys- Patience</b> - Alex always shows patience in class by waiting his turn to speak to the teacher. He has also created an incredible castle for his homework and confidently talked and answered questions about his work with his friends.
2 St Cedd	<b>Adam Hussein-Resilience</b> –for making better decisions and trying to become less distracted by others. In particular he has been praised for his writing and PE.
3 St Bede	<b>Ella Mncube - Resilience</b> - you showed great resilience in your writing this week. You kept going even when you found it difficult and edited your work to include sentence starters and more adventurous adjectives. Well done.
3 St Swithun	<b>Krisha Conception-Courage</b> –she got stuck for ideas for her mythical story but had the courage to accept ideas from the adults and completed her work. Well done Krisha!
4 St Columba	<b>Siddharth Raj - Patience</b> - for his fantastic perseverance and positive attitude towards his work. He showed great care in taking his time to ensure his work was presented to the best of his ability, demonstrating real maturity and resilience.
4 St Alban	<b>Hazelina Machado– Empathy</b> –for always putting other people first, encouraging others and understanding how they are feeling, cheering others up and talking to all in a calm, polite manner.
5 St Anne Line	<b>Arian Gjerci- Courage</b> – for standing up for yourself and using your voice to explain yourself to others.
5 St Osyth	<b>McDaniel Nyamukanga – Courage</b> – for dealing with some difficult issues this year and showing true courage, bouncing back whenever he encounters problems and working hard to improve his work.
6 St Sebbi	<b>Despoina Sadikllari-Service</b> – for always being incredibly polite, helping others and being a good friend to all. What a star you are, Despoina!
6 St Boniface	<b>Denosh Dyis-Courage</b> –well done to Denosh for showing great resilience and courage in this week's swimming lessons for Year 6. Although you found it a little tricky, you did not let this faze you, attended every single lesson and tried your very best. We're very proud of your perseverance in learning this life-saving skill.
MDA award	<b>Anastasi Pritsis-R St Margaret Clitherow-Service</b> –for always being kind and thoughtful.
MDA Award	<b>Frederica Oteng-6 St Boniface-Service</b> –for looking after younger children.
Inclusion Award	<b>Isio Oghenemine-Resilience– 1 St Augustine</b> –for showing amazing independence this week and for moving up a level in her reading.
SLT Award	<b>Aiden Turay-Resilience-4 St Alban</b>