

ST. HELEN'S NEWS

29th November 2024 <https://www.facebook.com/sthelenswestcliff/>

Our Mission Statement

Respect yourself
Respect everyone in our school community
Respect everyone in our local community
Respect everyone in our global community
But most of all, respect God our Father in Heaven



DATES FOR YOUR DIARY

- 2nd December-**Reception classes** Stay & Play for Parents/Carers-2.30pm
- 4th December—**Christmas Craft Extravaganza**
(More details on the poster on page 3)
School Nurse drop in session
2.30-3.30pm
- 6th December-**Christmas Fayre 3.30-5.30pm**
- 10th December-**Year 2** Christmas presentation-
(10am & 5.30pm) Parents/Carers welcome
- 11th December- **Year 5 & 6** Carol Service at St. Helen's Church 6 pm Parent/Carers welcome
- 12th December-**Year 1** Christmas Presentation
(10am & 5.30pm) Parents/Carers welcome
- 13th December-**Reception classes** Stay & Play for Parents/Carers-2.30pm
- 16th December-**Years 3 & 4**-Carols outside 2.30pm
Parents/Carers welcome
- 17th December-**EYFS (Reception classes)** Nativity
10am-Parents/Carers welcome
- 18th December-**Christmas dinner**
- 20th December-**Last day of school**
- 23rd December-3rd January- **Christmas Holidays-
No school**
6th January- Inset Day-**No school**
7th January- **Children return to school**

Here is the link to our Facebook page-



<https://fb.watch/w9gwFc7yuC/>

Class Assembly Dates

all start at
9.00 am

Parents/carers
welcome

See dates for diary for
November Assemblies

4 Fountains

16th January

3 Robins

22nd January

5 Rosa Parks

30th January

4 Gideon

6th February

Year 3

28th February

St David's Day

2 Oysters

13th March

Year 6

17th March

St Patrick's Day

2 Seahorses

21st March

5 Walter Tull

8th May

1 Starfish

22nd May

1 Jellyfish

5th June

Year 6 Leavers mass

22nd July

Dates may be subject to change

IMPORTANT CHANGES TO LUNCHES ON

WEDNESDAY 4TH DECEMBER

GREAT CHRISTMAS CRAFT EXTRAVAGANZA

This is our special craft day, the children will be in their house groups making gifts to sell at 'Elfridges'.

We are going to change the lunch arrangements on this day.

There will be no hot dinners on this date, you will have a choice of home packed lunch or a school grab a bag.

ALL HOT DINNER CHOICES WILL BE REMOVED SO THAT YOU CAN RE-BOOK.

Please note the choices on the system cannot be changed – so please look at the choices below and choose.

RED BOOKING WILL BE TUNA SANDWICH

GREEN BOOKING WILL BE EGG SANDWICH

PINK BOOKING WILL BE HAM AS USUAL

ORANGE BOOKING WILL BE CHEESE AS USUAL

YELLOW BOOKING WILL BE HOME PACKED LUNCH

PLEASE DO NOT BOOK BLUE OR PURPLE – THERE WILL BE NO JACKET POTATOES

THANK YOU FOR YOUR UNDERSTANDING

World
Antimicrobial
resistance
Awareness
Week

18th – 24th November

Southend-on-Sea
City Council

NHS
England
East of England

ANTIBIOTIC
GUARDIAN
UK Health
Security
Agency

World Antimicrobial* Resistance (AMR) Awareness Week:
a guide for parents and carers

What is Antibiotic Resistance?

Antibiotics are a type of antimicrobial* medicine used to treat severe infections, such as meningitis and pneumonia. However, bacteria are continually adapting to develop new ways of escaping treatment. This is called antibiotic resistance and is one of the biggest risks facing everyone. This resistance can spread between different bacteria in our bodies and between people and animals (whether they are healthy or ill).

Why do we need to Keep Antibiotics Working?

The more often a person takes antibiotics, the more likely they are to develop drug resistant bacteria in the body. This means that these medicines can become less effective. Without effective antibiotics, routine medical procedures, minor injuries and common illnesses can become life-threatening.

How can you help Keep Antibiotics Working?

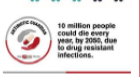
- Antibiotics do not work on viruses such as colds, coughs and COVID-19 and may cause side effects, such as upset stomach or diarrhoea. Instead of antibiotics, rest, fluids and over-the-counter remedies are often the best approach for you and your child.
- This leaflet is useful if your child develops a cough this winter and provides guidance on when to seek medical advice. [Caring for Children with Coughs](#) (Polar Bear) leaflet
- Make sure that your child's vaccinations are up to date. Vaccines protect them and others too
- Encourage good hygiene: regular hand washing, cleaning surface and sneezing into a tissue can all help prevent infection spread

How can you use antibiotics safely?

If you or your child is prescribed antibiotics, it's important to use them safely.

- Dispose of leftovers properly: If there are leftover antibiotics once the course is complete, take them to a pharmacy for safe disposal. Never flush them down the toilet or throw them in the bin
- Stick to the prescribed dose and timing: Give the medication exactly as instructed. Missing doses or not spacing them out correctly can reduce their effectiveness and lead to resistance.
- Don't share antibiotics: Never use leftover antibiotics or give your child medication that was prescribed for someone else. Different infections require different treatments, and using the wrong antibiotics can contribute to resistance
- This leaflet provides general advice about antibiotics and simple steps you can take to ensure the safe and appropriate use of antibiotics. [General advice about antibiotics – Medicines For Children](#)

* Antimicrobials are medicines used to prevent and treat infections caused by microorganisms (bacteria, virus, fungi and parasites) in humans, animals and plants. They include antibiotics, antivirals, antifungals and antiparasitics.



SRP's war time dance this week has been the Lambeth walk where they learnt how to dance with a partner and how to coordinate their movements to be in time with each other. They are already asking what next week's dance will be!



1 Jellyfish - The children as part of their outdoor fitness are practicing their jumping and running skills.



Year 6 followed the exploration of Darwin today. Being intrepid travellers, they set off for the nature area, mapping the area and naming trees, plants and creatures they found there. They thought naming their own wilderness was very exciting. More work on Darwin will follow in the coming weeks.



Year 4 managed to dodge the rain today by starting on the field and completing some outdoor learning. They had to solve some puzzles to give them a code as entrance to the nature area. Whilst in the nature area, the children explored habitats, finding creatures and even making a fishing

rod to catch things that live in the pond! They enjoyed delicious damper bread cooked on the fire with butter and jam. Everyone in the class said that the bread tasted good! Well done Year 4 as your behaviour was exemplary.



Reception class— enjoyed a visit to St. Helen's Church on Tuesday and Wednesday. They enjoyed finding out about the different things that happen in church and looking at the beautiful stained glass windows. The walked really well and were very respectful in the church.



1 Starfish had a lovely afternoon using their science topic and literacy topic learning. They used different materials to build a bridge for the gingerbread man so he could cross the river safely. We have been listening to and watching different versions of the Gingerbread Man story during our traditional tale topic of Once Upon A Time, quite often the gingerbread man is eaten by the sly fox who offers to give him a lift. The children designed and built bridges using a variety of materials and the bridges were tested to ensure the gingerbread man would escape to safety.





FOSH INVITE
YOU TO

SANTA'S GROTTTO
AS A PART OF THE
**CHRISTMAS CRAFT
EXTRAVAGANZA**

Wednesday 4th December **£6**

SECURE YOUR NICE LIST STATUS!
COME VISIT SANTA IN HIS MAGICAL CHRISTMAS GROTTTO!
TICKET (£6) INCLUDES EXCLUSIVE MEETING WITH SANTA ON HIS
SLEIGH AND A SPECIAL PRESENT SURPRISE

TICKET
TICKET

AVAILABLE TO BUY
ON SCHOOL GETAWAY
UNTIL 1ST DECEMBER

VISITS WILL TAKE PLACE DURING SCHOOL HOURS, AS A PART OF THE CHRISTMAS CRAFT
EXTRAVAGANZA, PLEASE NOTE THAT VISITS ARE OPEN TO ST. HELEN'S PUPILS ON ROLL ONLY.



FOSH PRESENTS
**CHRISTMAS
FAYRE**

6TH DECEMBER 2024
WITH STALLS AND GAMES FROM 3:30 PM - 5:30 PM

JOIN US FOR A JOLLY GOOD TIME!
Elfridges - crafts made with love
by pupils of St. Helen's
Face painting along with letters to Santa
Christmas Games and Raffles
Delicious refreshments!
HO-HO-HOPE TO SEE YOU THERE!

Values Children



R Hedgehogs	Noelle Jarrett-Malaiska-Resilience-When finding things difficult she keeps trying until she achieves what she sets out to do.
R Squirrels	Santiago Xavier Ventura-Trustworthiness-For always doing the right thing even when no one is watching.
1 Jellyfish	Darcie Rickwood-Trustworthiness-She can always be relied upon to help adults with jobs and with relaying messages.
1 Starfish	Farzad Yousuf-Trustworthy-He always does the right thing and can be relied upon to complete tasks. He is an excellent role model for his peers.
2 Seahorses	Connie Condron-Enjoyment-She is always so enthusiastic and enjoys every thing we do in class. This week she has really enjoyed learning about jobs in 1666 and has made a brilliant poster about a chimney sweep.
2 Oysters	Lucas Bury-Courage-For being unafraid to challenge himself in maths this week.
3 Robins	William Beneteau-Courage-Showing bravery when facing one of his fears and adapting well in a challenging situation.
3 Seagulls	Jaiden Enninfel –Empathy-He was very kind to a friend who had hurt himself and thought of things that might take his mind off his hurting leg.
4 Fountains	Hafsa Hussain-Patience-Hafsa takes the time to help her classmates under stand and complete their work, always offering thoughtful support with a calm approach.
4 Gideon	Yeora Yazbeck-Courage-Despite having to go to regular hospital appointments, Yeora never complains and always puts in maximum effort to all her school work and homework. Well done Yeora.
5 Rosa Parks	Deanne Blahakova - Empathy-For understanding and celebrating the success of her friends showing true joy and a supportive spirit.
5 Walter Tull	Zainab Salawu-Empathy– For showing understanding with her classmates throughout the week.
6 St. Anthony	Diona Sunil-Empathy - being a good friend to others and looking out for everyone.
6 St.Raphael	Tomos Stephens-Patience-For kindly helping friends with their work by sitting and explaining ideas to them.
MDA's award	Noah Adebayoquadri-Service-For looking after other children.
MDA's award	Luke Gjoni-Empathy-For showing kindness to other children.

Following guidance from

Brentwood Diocese, in R.E

we will be following-

Religious
Education
Directory

The programme will encourage the children to know Jesus more clearly. Each half term the children will follow a programme of study called "A branch", completing 6 branches within the school year.

The Big Questions for this topic: Branch 2

CREATION

EYFS-Why do we celebrate Christmas?

Year 1 -How do we get ready for Christmas?

Year 2 -How can we share the light with others?

Year 3 - What do Catholics do at church on a Sunday?

Year 4 - What does the church teach us about preparation?

Year 5 - Do you have to be big to be strong?

Year 6 -What is the role of women in God's plan?

St. David 905
St. Patrick 1284
St. Andrew 1584
St. George 970

Please have a look on your child's class page on our Website

for lots more great photographs and curriculum/homework information!

Year 1	https://st-helens.southend.sch.uk/Curriculum/classes/class-1
Year 2	https://st-helens.southend.sch.uk/Curriculum/classes/welcome-class-2
Year 3	https://st-helens.southend.sch.uk/Curriculum/classes/welcome-class-3
Year 4	https://st-helens.southend.sch.uk/Curriculum/classes/welcome-class-4
Year 5	https://st-helens.southend.sch.uk/Curriculum/classes/welcome-class-5
Year 6	https://st-helens.southend.sch.uk/Curriculum/classes/welcome-class-6

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School Gateway: www.schoolgateway.com
Facebook: <https://www.facebook.com/sthelenswestcliff/>