

ST. HELEN'S NEWS

ASSISI
CATHOLIC
TRUST



13th September 2024 <https://www.facebook.com/sthelenswestcliff/>

Our Mission Statement

Respect yourself
Respect everyone in our school community
Respect everyone in our local community
Respect everyone in our global community
But most of all, respect God our Father in Heaven



Senior Leaders
Special Mentions

DATES FOR YOUR DIARY



4th October– INSET DAY (no school)

10th October 0830-09.30 –School drop in session (see poster)

11th October—Praying the Rosary–2.45pm
parents/carers invited

16th October—Individual school
Photos-families from 08.15am

18th October- Praying the Rosary– 2.45pm
parents/carers invited

25th October-Praying the Rosary– 2.45pm
parents/carers invited

HALF TERM– Monday 28th October—Friday
1st November

4th November– INSET DAY (no school)

Class Assembly Dates

All start at

9.00 am

Parents/carers

Welcome

Year 5

11th November
Remembrance Day

3 Seagulls

14th November

Year 4

29th November
St Andrew's Day

4 Fountains

16th January

3 Robins

22nd January

5 Rosa Parks

30th January

4 Gideon

6th February

Year 3

28th February
St David's Day

2 Oysters

13th March

Year 6

17th March

St Patrick's Day

2 Seahorses

21st March

5 Walter Tull

8th May

1 Starfish

22nd May

1 Jellyfish

5th June

Year 6 Leavers mass

22nd July

Dates may be subject to
change

Hannah Cijo 3R
For showing kindness and
compassion to a friend in
need.
Well done!

Meet the Teacher

Thursday 19th September

Year 2– 3pm

Year 1-3.20pm

Friday 20th September

Year 4 –3.25pm

Monday 23rd September

Year 3– 3.25pm

Year 5-3.25pm

Tuesday 24th September

Year 6 - 3.25pm

POLITE NOTICE

Breakfast club

Due to children who attend having severe allergies, please could we remind you that no food should be sent in with the children for breakfast club as food will be provided.

Thank you

WE ARE A NUT FREE SCHOOL

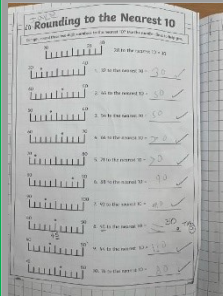
Year 6 took their learning outside. They acted out the story of the Garden of Eden, freeze framing the most important quote from their part of the bible.



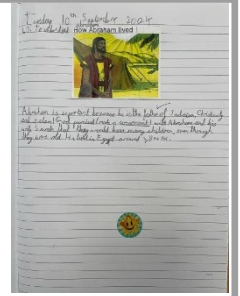
Year 6 discussed 2D shapes. They sorted shapes using their knowledge of the properties of each shape. They sorted by parallel and perpendicular lines, size of angles, number of sides. It was a bit windy outside which did mean the shapes flew away at times!!



1 Jellyfish



4G have been doing rounding in maths this week. Jake worked so well to finish his work successfully and showed a great understanding of the topic by the end of the week. We have also been learning about the life of Abraham in RE. Yeora produced some beautiful writing about how Abraham lived, using specific vocabulary that was learnt, to describe his life.



YEAR 1 ventured into the nature area with Mrs Miller and Mrs Clarke yesterday. Behaving so sensibly, they enjoyed exploring the environment. They used their senses in many different ways, smelling tomatoes and strawberries, touching bunny ear plants and feeling many different textures. The sun stayed shining for us just!!



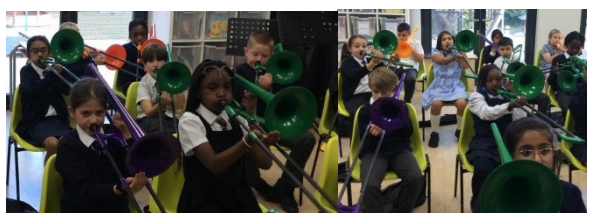
3 Seagulls we collected different types of rocks for our science topic.



2 Oysters have settled well into Year 2. This week, they have enjoyed retelling the story of Noah's Ark in provision.



5WT- Pbones



Year 6 spent the afternoon completing many jobs in the nature area. They filled the pond, cleaning it as they went and hoping more wildlife will return. Weeding the sensory garden was hard work but they uncovered strawberries, tomatoes, parsley and elephant ears!! The biggest and hardest job was moving the chip bark and re-covering the floor in the nature area. Half the pile disappeared but there is still a lot more to go! Thank you Year 6 - now for a rest at the weekend!!



1 Starfish have settled back to school and have been enjoying catching up with their friends. They have shown lovely listening skills in their lessons and great sharing skills in provision.



Don't forget to check out our Facebook page to see this week's Head Teacher update!





St. Helen's Catholic Primary School


health 4 life



Lunch & Learn
Online Healthy Lifestyle Series
School Aged Children in Southend

Starting a new school year can be exciting, but we know it also comes with the challenge of adjusting to new routines, habits, and lifestyle choices. That's why we're inviting you to join the Health4Life team as we dive into helpful tips and strategies to make this transition smoother. We'll cover everything from creating healthy and sustainable habits around packed lunch boxes and snacks to managing fussy eating, oral health, and much more. Let's work together to ensure your child has a happy and healthy school year!

Please sign up using the forms below

 Fussy Eating Tuesday 10th September 12pm - 1pm https://forms.office.com/m/e/3dzrFWvpkY	 Healthy Habits Tuesday 17th September 12pm - 1pm https://forms.office.com/m/e/jmTCYd92j
 Healthy Lunchbox Tuesday 24th September 12pm - 1pm https://forms.office.com/m/e/DawYANWCMf	 Oral Health & Sugar Tuesday 1st October 12pm - 1pm https://forms.office.com/m/e/agbiqBtbPI

CALL US FOR MORE INFO
 **01702 534843**

 mseicb-s.health4life@nhs.net
 www.livewellsouthend.com

GREAT WAKERING COLTS YFC

your local
FOOTBALL CLUB

SHOEBURNESS HIGH SCHOOL | **9:00 A.M. SATURDAYS**

OPEN TO RECEPTION / SCHOOL YEAR ONE BOYS AND GIRLS
 FIRST SESSION FREE THEN £5 EACH TIME YOU TRAIN

CONTACT US TODAY TO RESERVE YOUR PLACE

info@greatwakingcolts.co.uk | 07584 163 249
 Find us on Facebook or visit the website

WWW.GREATWAKINGCOLTS.CO.UK







<https://www.tentenresources.co.uk/prayers-for-home/parent-newsletter/>

Ten:Ten newsletter link for this month

School Nursing Service

Community health clinics for children aged 5 – 11 who are being educated in Southend.

Venue	Date	Time
St. Helen's Catholic Primary School	Thursday 10th	830am-
	October 2024	930am
	Wednesday 4th	230pm-
	December 2024	330pm

Emotional health and wellbeing advice • Growth and development • Healthy lifestyles • Bedwetting support • Hearing and vision • Sleep support • Puberty

No appointment needed.
 Call or text us for further information.

 **01702 534843**
 **ChatHealth Parentline: 07507 331884**

Young People scan this QR Code to find support 
 Parents scan this QR Code to find support 

www.southend.gov.uk/schoolnurses  @SouthendSN
 MSEICB-S.Southendpublichealthnurses@nhs.net




PARENTS/CARERS

If you're a parent/carer of a child aged between 5-19 years old and you are worried about your child's health and well-being, the **SCHOOL NURSING SERVICE** can help.

YOU CAN TEXT OUR SCHOOL NURSING TEAM ON
07507 331884

WE CAN OFFER SUPPORT AND ADVICE WITH ALL KINDS OF THINGS LIKE...

GROWTH AND DEVELOPMENT
EMOTIONAL GROWING UP
WELL-BEING SLEEP
IMMUNISATION ADVICE
TOILETING HEALTHY LIFESTYLES

Text us for confidential advice and support

We do not usually inform anyone else if you contact the school nurse. We might inform someone if we were concerned about you or your child's safety, but we would usually speak to you first. Your messages are stored and can be seen by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate bounce-back to confirm we received your text. Texts will not be seen outside of normal working hours. If you need help before you hear back from us, contact a member of school staff or your doctor. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps). Prevent the school nurse from sending messages to you by texting STOP to our number. Messages are charged at your usual rate.

Scan this QR Code to find support 

 ChatHealth   01702 534843  @SouthendSN
 MSEICB-S.Southendpublichealthnurses@nhs.net

STARS OF THE WEEK

1 Jellyfish	Wayne Mukumba
1 Starfish	Alexandros Mattas Toby Watkins
2 Seahorses	Isaiah Reroma
2 Oysters	Zoya Hussain
3 Robins	Anele Kemoeng
3 Seagulls	The whole class for settling in well to the new school year!
4 Fountains	Treasure Odiachi
4 Gideon	Yoera Yazbeck Jake Wilson
5 Rosa Parks	Tomas De Sousa
5 Walter Tull	Eliana Machado James Hunter
6 St. Anthony	Andrea Asaro Esther Oyefeso
6 St.Raphael	Elmeida Gashi



POSITIVE PLAY

SUPERSTARS

Wayne Mukumba

Maya Dogan

Riley Matibag

Oliver Cooke

Dia Subin

Cynthia Slotwinska

Fariah Rahman

Tyatt Cole

Prince Duah

Malachi Sibanda

St. David 1228

St. Patrick 298

St. Andrew 716

St. George 647

Following guidance from Brentwood Diocese, our R.E programme is changing.

We will be following-

Religious

E ducation

D irectory

Which will encourage the children to know Jesus more clearly. Each half term the children will follow a programme of study called "A branch", completing 6 branches within the school year.

Branch 1-Creation and Covenant

Branch 2-Prophecy and Promise

Branch 3-Galilee to Jerusalem

Branch 4-Desert to garden

Branch 5-To the ends of the earth

Branch 6-Dialogue and encounter

More details to follow...

Please have a look on your child's class page on our Website

for lots more great photographs and curriculum/homework information!

Year 1	https://st-helens.southend.sch.uk/Curriculum/classes/class-1
Year 2	https://st-helens.southend.sch.uk/Curriculum/classes/welcome-class-2
Year 3	https://st-helens.southend.sch.uk/Curriculum/classes/welcome-class-3
Year 4	https://st-helens.southend.sch.uk/Curriculum/classes/welcome-class-4
Year 5	https://st-helens.southend.sch.uk/Curriculum/classes/welcome-class-5
Year 6	https://st-helens.southend.sch.uk/Curriculum/classes/welcome-class-6

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Tel: 01702 343823

Email: office@st-helens.southend.sch.uk

School Website: www.st-helens.southend.sch.uk

School Gateway: www.schoolgateway.com

Facebook: <https://www.facebook.com/sthelenswestcliff/>