

# ST. HELEN'S NEWS



6th September 2024 <https://www.facebook.com/sthelenswestcliff/>

## Our Mission Statement

Respect yourself  
Respect everyone in our school community  
Respect everyone in our local community  
Respect everyone in our global community  
But most of all, respect God our Father in Heaven



Senior Leaders  
Special Mentions

A warm welcome to our new Head Miss Liz Keeble.

Well done to all children, families, staff and governors for an excellent first week back.

A warm welcome to all our new pupils and staff that have just started.

## DATES FOR YOUR DIARY



4th October – INSET DAY (no school)

10th October 0830-09.30 – School drop in session (see poster below)

16th October – Individual school photos

HALF TERM – Monday 28th October – Friday 1st November

4th November – INSET DAY (no school)

Don't forget to check out our Facebook page to see this week's Head Teacher update!

## St. Helen's Catholic Primary School

### School Nursing Service

Community health clinics for children aged 5 – 11 who are being educated in Southend.

Venue	Date	Time
St. Helen's Catholic Primary School	Thursday 10th	830am-930am
	Wednesday 4th	230pm-330pm
	December 2024	330pm

Emotional health and wellbeing advice • Growth and development • Healthy lifestyles • Bedwetting support • Hearing and vision • Sleep support • Puberty

No appointment needed. Call or text us for further information.

01702 534843  
ChatHealth Parentline: 07507 331884

Young People scan this QR Code to find support  
Parents scan this QR Code to find support

www.southend.gov.uk/schoolnurses @SouthendSN MSEICB-S.Southendpublichealthnurses@nhs.net

Southend-on-Sea City Council

## PARENTS/CARERS

If you're a parent/carer of a child aged between 5-19 years old and you are worried about your child's health and well-being, the **SCHOOL NURSING SERVICE** can help.

YOU CAN TEXT OUR SCHOOL NURSING TEAM ON

# 07507 331884

WE CAN OFFER SUPPORT AND ADVICE WITH ALL KINDS OF THINGS LIKE...

**GROWTH AND DEVELOPMENT**  
**EMOTIONAL GROWING UP**  
**WELL-BEING SLEEP**  
**IMMUNISATION ADVICE**  
**TOILETING HEALTHY LIFESTYLES**

Text us for confidential advice and support

We do not usually inform anyone else if you contact the school nurse. We might inform someone if we were concerned about you or your child's safety, but we would usually speak to you first. Your messages are stored and can be seen by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an automated message back to confirm we've received your text. There will only be an exception of normal working hours. If you need help before you have been back from school, contact a member of school staff or your doctor. Our text number does not receive messages sent from landlines, international mobile numbers, and other 'number-hopping' mobile apps. Please do not include messages sent from children, international mobile numbers, and other 'number-hopping' mobile apps. Please do not include messages sent from children, international mobile numbers, and other 'number-hopping' mobile apps. Please do not include messages sent from children, international mobile numbers, and other 'number-hopping' mobile apps.

Scan this QR Code to find support

ChatHealth NHS 01702 534843 @SouthendSN MSEICB-S.Southendpublichealthnurses@nhs.net