

# ST. HELEN'S NEWS

ASSISI  
CATHOLIC  
TRUST



1st March 2024 <https://www.facebook.com/sthelenswestcliff/>

## Our Mission Statement

Respect yourself  
Respect everyone in our school community  
Respect everyone in our local community  
Respect everyone in our global community  
But most of all, respect God our Father in Heaven

## DATES FOR YOUR DIARY



**Thursday 7th March**– World Book Day  
Whole school reading event 2.30-3pm

**Thursday 28th March**– Last day of term  
**Easter Holidays**

**Monday 15th April**– Return to school



## Class Assembly

### Dates

### All start at

**9.00 am**

**2 Seahorses**

Thurs 21st Mar

**1 Jellyfish**

Thurs 25th April

**5 Rosa Parks**

Thurs 2nd May

**3 Robins**

Thurs 9th May

**4 Fountains**

Thurs 16th May

**4 Gideon**

Thurs 23rd May

**5 Walter Tull**

Thurs 20th June

**1 Starfish**

Wed 26th June

**6 St. Anthony**

**& 6 St. Raphael**

Leavers Assembly

2 pm

Friday 12th July

## Senior Leaders Special Mentions

### Cynthia Slotwinska

Your amazing chick hatching diary  
with photos.  
Wow! Well done Cynthia

### Rosalie Crancher

Your impressive myth writing.  
Very well done!

### Joshua Justin

Your impressive myth writing.  
Very well done!

### 3 Robins & 3 Seagulls

Your lovely, informative St. David's Day  
Assembly. Well done!

## SAVE THE DATE

Dear **Year 4** parents /carers.

You are invited to Year 4's Easter performance  
on Tuesday 26<sup>th</sup> March in the afternoon.

Time to be confirmed.

Thankyou

If your child is making their **first Holy Communion**,  
could you please let the school Office know as we  
want to make sure they will all be included in our  
Going forth mass. Thank you.

As we prepare for Easter, Don't forget to sign up for  
your **Easter Mystery pack** on the school Gateway.

Your child will be coming home with a **sponsorship**  
form for the Race during Easter and in support of  
Race for Life and Havens. Each class will be taking  
part in walking laps around the field as a time for  
reflection during Lent. These laps will be recorded  
each week with each class total on display in the  
school hall and on the newsletter. We would like to  
invite you as parents/ carers to join your child in  
walking laps on a Friday Morning between 8.30 and  
9.00 am. On the last day of term each child will  
receive a medal for taking part. We are asking for the  
children to be sponsored for their walking and a link  
will be sent where the money they have collected  
can be added. Look out for class totals in next week's  
newsletter.

Thank you  
Mrs Conyard

Once again, we will be celebrating

### World Book Day on Thursday 7<sup>th</sup> March.

The day will be filled with lots of exciting and fun  
book-related activities. Due to parental feedback,  
we have decided to ask the children to dress as their  
favourite book character. We ask that the children  
bring the book to school so that they can share it  
with their peers.

As always, we are mindful of cost. Please do not  
spend lots of money buying an outfit. Dressing as a  
word is always a good, free option if you are stuck  
for ideas!

At 2.30-3pm we will be holding another 'Whole  
School Reading Event'. You are invited to come and  
share a book with your children. As the event finish-  
es at 3pm, you are welcome to take your children  
home. When you arrive, please head to your eldest  
child's class and they will help you gather siblings  
and find a reading spot. When the  
reading event finishes, all children must return to  
their own class please. For safety purposes, we ask  
that you leave via the main entrance and collect  
your children from their usual doors.

Unfortunately, **stay and play for Reception classes**  
have been cancelled for the rest of this term.  
We will let you know arrangements for next term  
after Easter.

Below is the link to this months Tenten newsletter

<https://www.tentenresources.co.uk/prayers-for-home/parent-newsletter/>



Here is some of **2 Seahorses** amazing homework from last half term. Where we learned all about the Mr Men, went on amazing science walks and wrote some excellent stories and diary entries.



**Year 4** had a very busy morning developing their skills. They were blindfolded and had to work together, listening carefully to sounds to find each other. They discussed the feelings of being blindfolded and how their other senses have to work harder. In the nature area, the children made necklaces and lard balls to feed the birds. They even saw a variety of birds come down to find the food they had left. Year 4 worked together to build dens and find nature area insects.



**Year 5** had a busy day learning in Maths and Science. In Maths, they are developing their knowledge of kg, g and how to use scales to measure the weight of an item.

Then, they moved onto Science and learning about how plants reproduce and the parts of a plant. The children were amazed at the tiny parts within the flowers hidden behind the petals.



**Year 6** visited the nature area together. They completed some activities involving blindfolds, they needed to trust each other to find their way. Some of them felt unsure about being blindfolded and realised their other senses became very important to them. Year 6 also fed the birds, creating cheerio necklaces and lard balls. Lastly, they played Eagle Eye where some of the children hid in incredible places.





# Happy St. David's Day

Year 3 had their St. David's Day assembly for the school today and they shared with them this lovely prayer-

Dear God,

Help us never to forget that other people matter.

Help us to take the time each day to do something little that could make a huge difference to somebody else.

Please help us always to look for opportunities to encourage other people and be kind.

And help us never too busy to help others.

Amen

Dear parents/carers,

Hannah Grainger is our school nurse .

She has arranged some drop in clinics in school if you feel you would like some advice on any medical issues related to your child.

There are 4 clinics , details are on the flyer.

Please come to the school office on the day.

The drop in clinic will take place in Rainbow Room.

Thankyou.

Mrs Curtis

## School Nursing Service

Community health clinics for children aged 5 – 11 who are being educated in Southend.

| Venue             | Date            | Time        |
|-------------------|-----------------|-------------|
| St Helens Primary | 6th March 2024  | 8.30-9.00   |
| St Helens Primary | 23rd April 2024 | 14.45-15.15 |
| St Helens Primary | 21st May 2024   | 8.30-9.00   |
| St Helens Primary | 18th June 2024  | 14.45-15.15 |

Emotional health and wellbeing advice • Growth and development • Healthy lifestyles • Bedwetting support • Hearing and vision • Sleep support • Puberty

No appointment needed.  
Call or text us for further information.

01702 534843  
ChatHealth Parentline: 07507 331884

Young People scan this QR Code to find support

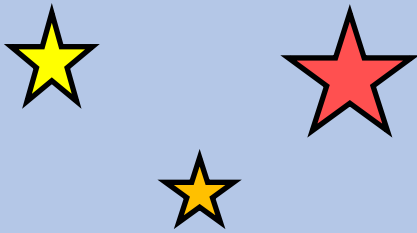
Parents scan this QR Code to find support

[www.southend.gov.uk/schoolnurses](http://www.southend.gov.uk/schoolnurses) @SouthendSN  
MSEICB-S.Southendpublichealthnurses@nhs.net

Southend-on-Sea City Council

## STARS OF THE WEEK

|               |  |
|---------------|--|
| R Hedgehogs   | Lincoln Chowa                            |
| R Squirrels   | Enea Spaho<br>Gabrielle Nacaite          |
| 1 Jellyfish   | Semiloore Titilola                       |
| 1 Starfish    | Toluwani Adeoye<br>Liz Brotherton-Murphy |
| 2 Seahorses   | Jayden Masunga<br>Natan Maslowski        |
| 2 Oysters     | Olam Walters<br>Maya Igho                |
| 3 Robins      | Daisy Llarza-Djatmika                    |
| 3 Seagulls    | Ellis Gjoni<br>Cael Benneth              |
| 4 Fountains   | Ilze Beniusis                            |
| 4 Gideon      | Denosh Dyis<br>Nathaniel Zima            |
| 5 Rosa Parks  | Brielle Amuzu                            |
| 5 Walter Tull | Dorinda Vanderpuye                       |
| 6 St. Anthony | Seren Sweeney-Syrett                     |
| 6 St. Raphael | Malik Kamanzi                            |



## POSITIVE PLAY SUPERSTARS

Damir Kadyrov  
Alexandra Michaelson  
Jayden Masunga  
Ruben Wojciechowski  
Caolan Doherty  
Evana Sunil  
Seren Sweeney-Syrett  
Aksh Katadi

St. David 641  
St. Patrick 281  
St. Andrew 518  
St. George 507

## Religious Education Directory

Our RE programme will encourage the children to know Jesus more clearly. Each half term the children will follow a programme of study called "A branch", completing 6 branches within the school year.

Branch 4- Galilee to Jerusalem

Reception classes-Who is the king of the Earth?

Year 1- Is it important to say sorry?

Year 2- Is forgiving someone always easy?

Year 3- What does it mean to experience the presence of Jesus in the Eucharist?

Year 4- Is it always easy to make the right choices?

Year 5- Why is prayer so important?

Year 6- What were the clues that Jesus was the Son of God?

**Please have a look on your child's class page  
on our Website  
for lots more great photographs and  
curriculum/homework information!**

Hedgehogs and Squirrels <https://st-helens.southend.sch.uk/Curriculum/classes/welcome-our-new-children>

Year 1 <https://st-helens.southend.sch.uk/Curriculum/classes/class-1>

Year 2 <https://st-helens.southend.sch.uk/Curriculum/classes/welcome-class-2>

Year 3 <https://st-helens.southend.sch.uk/Curriculum/classes/welcome-class-3>

Year 4 <https://st-helens.southend.sch.uk/Curriculum/classes/welcome-class-4>

Year 5 <https://st-helens.southend.sch.uk/Curriculum/classes/welcome-class-5>

Year 6 <https://st-helens.southend.sch.uk/Curriculum/classes/welcome-class-6>

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School Gateway: [www.schoolgateway.com](http://www.schoolgateway.com)

Facebook: <https://www.facebook.com/sthelenswestcliff/>