

ST. HELEN'S NEWS

ASSISI
CATHOLIC
TRUST



2nd February 2024 <https://www.facebook.com/sthelenswestcliff/>

Our Mission Statement

Respect yourself
Respect everyone in our school community
Respect everyone in our local community
Respect everyone in our global community
But most of all, respect God our Father in Heaven



Senior Leaders
Special Mentions

DATES FOR YOUR DIARY



Tues 6th Feb Safer Internet Day
Thurs 8th Feb 3 Seagulls Assembly
Mon 12th Feb Chinese Dragon Dance
Workshop Yrs 1,2,3
World Day lunches 1
special lunch for Chinese New Year

Mon 12th Feb—Thurs 15th Feb

Learning Conferences—bookings open

Wed 14th Feb Ash Wednesday

Thurs 15th Feb Parents Online Safety
8pm Session—more details will follow

5 Walter Tull to Library

Fri 16th Feb 5 Rosa Parks to Library

[HALF TERM MON 19TH FEB—FRI 23RD FEB](#)

[NO SCHOOL MON 26TH FEB—STAFF TRAINING DAY](#)

[BACK TO SCHOOL TUESDAY 27TH FEBRUARY](#)

Class Assembly Dates

All start at 9.00 am

3 Seagulls Thurs 8th Feb
2 Seahorses Thurs 21st Mar
1 Jellyfish Thurs 25th April
5 Rosa Parks Thurs 2nd May
3 Robins Thurs 9th May
4 Fountains Thurs 16th May
4 Gideon Thurs 23rd May
5 Walter Tull Thurs 20th June
1 Starfish Wed 26th June

6 St. Anthony & 6 St. Raphael
Leavers Assembly 2 pm
Friday 12th July

5RP/5WT

Your enthusiasm on your museum and planetarium trip.

5RP

Your amazing fashion show and telling us about the process and roles that you had in making your coats—your adverts were very impressive!

Year 4 Football team

Your incredible efforts when you were moved up into the final of the top league— you should be very proud.

Pauls Uniform shop are closing soon, but have a few yellow St Helen's PE T-shirts still in stock. They are now at the discount price of £1 until stocks run out or the shop closes. They can be purchased at:-

Pauls Discount school wear
36-40 Southchurch Rd
Southend-on-Sea
SS1 2ND
01702 466431
Sales@PaulsDiscount.co.uk

Pauls School & Work Wear

These T-Shirts sell for £4.99 each, but as we are closing in about 4 weeks they are reduced to £1.00 each. Only while stocks last.



Let's wear our school uniform with pride.

Please remember every day your child needs:-

A warm, waterproof coat

Black school shoes with enclosed toes and heels—no boots or high heels

Hair should be of a natural colour

Essex Fire Museum Open Days
Tuesday 20th February 2024
Sunday 25th February 2024
(10.30am to 4.00pm)



Visits must be pre-booked via:
museum@essex-fire.gov.uk

Address: Essex Fire Museum, Grays Station,
Hogg Lane, Grays, RM17 5QS

Year 6 spent a busy morning designing their own Science experiment testing whether exercise increases our heart rate. They designed their own experiment, following instructions and recording carefully. Next, they looked at whether their experiments were accurately performed.



4F Posters– Climate change



5WT- enjoyed their VR experience this week. They discussed the impact of cutting down the rainforest on habitats and animals. We will look forward to completing some work as a follow up next week.



4G had a busy morning in the nature area. They enjoyed playing games, building dens and investigating insect, bird and animal life. After, Year 4 enjoyed bananas and melted chocolate - delicious! They re-used the banana skins, lathering them in lard and popping on some seeds and fruit for the birds to enjoy. Finally, Year 4 pretended they were a fighting unit for the Roman army, producing a battle formation and using catapults to fight the enemy.



1 Starfish have been busy during their maths lessons this week. They looked at money and sorted out the coins. We played a game called 'Pop to the Shops' to help us get used to making the right amounts with the coins. We used the multilink cubes to 'share' out amounts and look at dividing numbers fairly. We also used dienes blocks to make 2-digit numbers.



4G-Science-Sugary drinks experiment



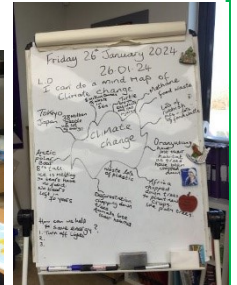
5WT visited the Planetarium and Central Museum. Ably assisted by Mrs Bishop, Mrs Hardcastle and Miss Purcell, they looked into the past. They investigated life in Anglo Saxon times by studying the Prittlewell Prince, saw how radio and TVs had changed over time -much to their amusement- looked at life in a Victorian home and studied a variety of artefacts through the ages. The main reason for visiting was a trip to the Planetarium. Here they learnt many new facts but also imparted their knowledge to the teacher.



4G-Roman mosaics



4G- Virtual reality morning



6A-Mummification

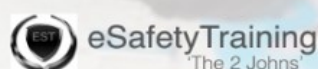


Save THE Date

Mobile Phone & Device Safety with The 2 Johns

From the comfort of your home

15th February 8pm



Look out for an email coming soon with all the login details and passwords needed.

St Vincent's Centre, Southend presents

Indulge in the Exquisite South India Buffet!

RedChillies

Join us for an unforgettable evening filled with the rich flavours of South India.



Wednesday 6th March 2024

Arrival Time: 6:30 PM

£27 Per Head

All proceeds will support vulnerable people struggling in the city.

Don't miss this chance to savour the authentic tastes of Homemade South India Buffet and stand a chance to win fantastic raffle prizes! Secure your spot for an enchanting culinary experience.



RSVP: 27/02/2024



Please be aware that our South India Buffet may contain allergens. If you have any specific dietary restrictions or allergies, kindly inform nesperm@svp.org.uk



Aussie Night

Join us for an unforgettable evening under the Southern Cross!

Date: 8th March 2024

Time: 6:30 PM

Venue: Terrace Bar, 1 Richmond Ave, Southend, SS1 1JE

Come and enjoy a BBQ Bonanza, Live Music
Fun-packed afternoon with Sheilas and Blokes galore
Dress Code: Show your Aussie spirit - wear a hint of green and gold!

£39 for BBQ grill and salad with Aussie dessert and wine.

All proceeds will support vulnerable people struggling in the city.

Let's celebrate the true blue Aussie way. Grab your mates and come along for a ripper of a time!

RSVP - 01/03/2024 (Nesperm@svp.org.uk)



Dear parents/carers.

Please see below the poster from the school nursing team which has details of community health clinics being held in Southend for children aged between 5-11.

Parents and carers of children aged 5-19 in Southend can text a school nurse on **07507 331884**. When contact is made, a member of the school nursing service can offer advice and support with a variety of health issues including growth and development, emotional wellbeing, growing up, sleep, Immunisations, toileting, and healthy lifestyles. This service is available Monday to Friday (excluding Bank holidays) 09.30–16.30.

You can also scan the QR code-see below.

Southend-on-Sea City Council

PARENTS/CARERS

If you're a parent/carer of a child aged between 5-19 years old and you are worried about your child's health and well-being, the **SCHOOL NURSING SERVICE** can help.

YOU CAN **TEXT** OUR SCHOOL NURSING TEAM ON

07507 331884

WE CAN OFFER SUPPORT AND ADVICE WITH ALL KINDS OF THINGS LIKE...

GROWTH AND DEVELOPMENT
EMOTIONAL WELL-BEING
SLEEP
IMMUNISATION ADVICE
TOILETING HEALTHY LIFESTYLES

Text us for *confidential* advice and support

We do not usually inform anyone else if you contact the school nurse. We might inform someone if we were concerned about you or your child's safety, but we would usually speak to you first. Your messages are stored and can be seen by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate bounce-back to confirm we received your text. Texts will not be seen outside of normal working hours. If you need help before you hear back from us, contact a member of school staff or your doctor. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps). Prevent the school nurse from sending messages to you by texting STOP to our number. Messages are charged at your usual rate.

Scan this QR Code to find support

ChatHealth NHS 01702 534843 @SouthendSN MSEICB-S.Southendpublichealthnurses@nhs.net

Southend School Nursing Referral Criteria

A referral can be made to the School Nursing Team if any concerns are identified as listed below:

- Support with managing medical needs in schools.
- Growth and development.
- Emotional health and wellbeing.
- Vision and Hearing.
- Dental health.
- Sleep.
- Enuresis (bedwetting), constipation and soiling concerns that are **not** managed by the continence team and/or GP.
- Immunisation advice.
- Common childhood illness.
- Growing up, puberty and relationships.
- Keeping safe.
- Any other general health concerns.

The expectation is that if there is an agency supporting the health need of the child/young person that the school will not refer for school nursing support. Schools should liaise directly with the agency supporting the child's health need for advice/guidance. School nursing can be contacted for service details if they are required.

For example, if a CYP is seeking supporting from a school councillor, MHST, SET CAMHS or any other external health agency then the School Nurse Team **will not** see the child or young person as they will be seeking support from the relevant specialist agency already.

STARS OF THE WEEK

R Hedgehogs	Kobee Lano
R Squirrels	Maeve Smyth Matilda Matthew
1 Jellyfish	Deborah Adebayoquadri
1 Starfish	Maddie Brotherton-Murphy
2 Seahorses	Augustine Ogunyale Farhan Imran
2 Oysters	Cristian Riley-Hawkins
3 Robins	Yeora Yazbeck Gjoida Ndoj
3 Seagulls	Jessica Montiero Ethan Adenodi
4 Fountains	Lordina Owusu
4 Gideon	Andrea Sunil
5 Rosa Parks	Starr-Sofia Souter
5 Walter Tull	Andrea Asaro Teodora Dinculescu
6 St. Anthony	Farhan Akter
6 St. Raphael	Oscar Dziaduch



POSITIVE PLAY

SUPERSTARS

Dua Shah

Naeto Okafor

Izabella Ashinyo-Koudiabo

Nathaniel Sharp

Amber Lara

Brody Vaughan

Lilliana De Gouveia Jardim

Ishana Raj

Brooklyn Malikula

St. David 808

St. Patrick 1729

St. Andrew 1193

St. George 803

Religious Education Directory

Our RE programme will encourage the children to know Jesus more clearly. Each half term the children will follow a programme of study called "A branch", completing 6 branches within the school year.

Branch 3 - Galilee to Jerusalem

The Big Questions for this topic:

Hedgehogs & Squirrels—Why did God send Jesus?

Year 1 - If you met Jesus, how would you know it was him?

Year 2 - When should we say sorry?

Year 3 - What can we learn from the parables?

Year 4 - Who do you think Jesus is?

Year 5 - How can we follow the Beatitudes in our life?

Year 6 - What were the clues that Jesus was the Son of God?

VACANCY—TEACHING ASSISTANT TO COVER MATERNITY

(1 YEAR CONTRACT)

We are looking to appoint a Teaching Assistant, this will be a temporary 1 year contract to cover maternity. Please see the website for details or speak to Mrs Sears.

Science Competition

Get creative and enter the Assisi Catholic Trust Science poster competition. You can make a poster about anything involving 'Time'. We will enter the five best poster entries into a UK-wide competition, allowing you the chance to win an array of prizes. 'Time' as a theme offers a huge range of topics to delve into. Please email a picture of your poster along with your name, class, and school to sjjones@stthomasmore.southend.sch.uk by 1st March 2024. Those short listed will be contacted by March 8th Good luck!

Time is super important in science, tech, engineering, and maths! Evolution leads to plants and animals changing over time. Earth's movements give us seasons and time zones. When studying stars and planets, we measure distances in lightyears - that's how far light travels in a year!

Lifecycles are about how living things grow and eventually pass away. People usually live for about 73 years. You could explore how long other animals live and what they do.

Cool inventions like clocks help us keep track of time. In engineering, time is crucial for machines to work smoothly. Can you think of any machines that rely on precise timing?

Please have a look on your child's class page

on our Website

for lots more great photographs and curriculum/homework information!

Hedgehogs and Squirrels <https://st-helens.southend.sch.uk/Curriculum/classes/welcome-our-new-children>

Year 1 <https://st-helens.southend.sch.uk/Curriculum/classes/class-1>

Year 2 <https://st-helens.southend.sch.uk/Curriculum/classes/welcome-class-2>

Year 3 <https://st-helens.southend.sch.uk/Curriculum/classes/welcome-class-3>

Year 4 <https://st-helens.southend.sch.uk/Curriculum/classes/welcome-class-4>

Year 5 <https://st-helens.southend.sch.uk/Curriculum/classes/welcome-class-5>

Year 6 <https://st-helens.southend.sch.uk/Curriculum/classes/welcome-class-6>

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Tel: 01702 343823

Email: office@st-helens.southend.sch.uk

School Website: www.st-helens.southend.sch.uk

School Gateway: www.schoolgateway.com

Facebook: <https://www.facebook.com/sthelenswestcliff/>