

St Helen's Nature Area



At St. Helen's we are fortunate to have an area in the school dedicated to nature. This provides an essential resource for teachers and children; providing stimulation to learn more about woodland life, plants and animals but also how to care for our environment and protect it for future use by everyone. All curriculum areas can be taught outside.

Activities will include games, building dens, imaginative play, natural crafts, using tools, fires and cooking, scavenger hunts, art-work, tree climbing, pond dipping, quiet reflective time and caring for the environment.



What to wear?

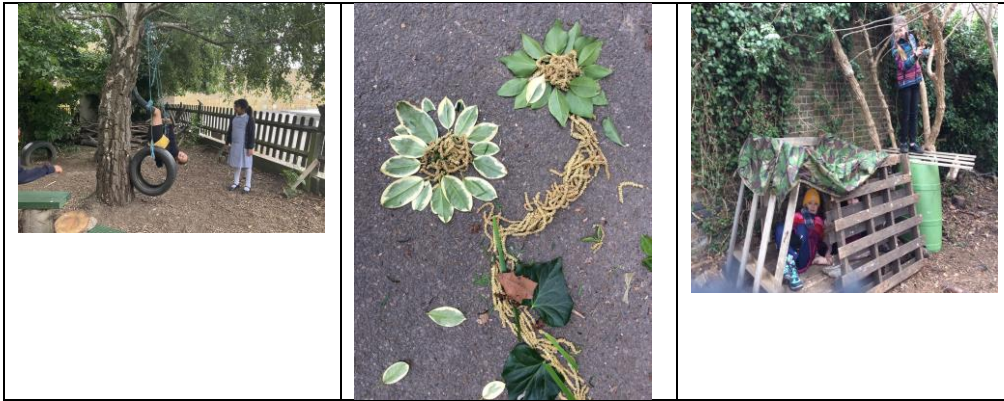
Wearing the right clothing is essential to promote enjoyment and love of nature. Please wear these clothes to school on the appointed day – the children will be reminded by their class teacher! You will receive an email reminder as well.

Winter : hats, gloves, scarves, waterproof footwear (wellies/boots), warm but old clothing – long tops and bottoms, old coat/fleece.

Summer : old long trousers/leggings, short sleeved top, hat, trainers (sandals are not appropriate).

Nature area visits will occur in all weathers including rain!
Dependent on the weather, a change of clothes may be needed.
Be prepared for the children to return home muddy and dirty!

Benefits of the Nature Area



Develops a positive attitude to nature,
 Promotes caring for the environment,
 Promotes a positive attitude to learning,
 Promotes independence,
 Raises personal confidence,
 Builds friendships,
 Develops physical activity,
 Promotes risk taking in a safe, secure environment,
 Develops an understanding of nature and wildlife,
 Develops wider social skills.

Questions

If you have any further questions, please contact Mrs Miller (5WT).

Don't forget to look on your class page on the school website after a nature area session to find out what we've been up to!



