

# ST. HELEN'S NEWS

ASSISI  
CATHOLIC  
TRUST



18th November 2022 <https://www.facebook.com/sthelenswestcliff/>

## Our Mission Statement

Respect yourself  
Respect everyone in our school community  
Respect everyone in our local community  
Respect everyone in our global community  
But most of all, respect God our Father in Heaven



## Senior Leaders Special Mentions

### Year 5&6 pupils and staff

Taking part in the sleep out at school last Friday. Thank you for your impressive commitment.

### The year 6 football team

A fantastic effort last Friday where St. Helen's came 1st in the football tournament. Brilliant teamwork and for representing our school so well!

### Mrs Pease

Leading our KS2 Anti-bullying assembly this week which made us all think!  
Thank you

### 3 Seagulls class

Impressive R.E work!  
Well done Seagulls class!

### Tiwa Fakua

Being extra kind when a friend was upset.  
Well done

### Tyatt Cole

Being extra kind when a friend was upset.  
Well done.

## Dates for your diary

**23rd November -Flu Immunisation– Whole school**

**29th November– Year 3 Stone Age– Iron age**

**9th December– Christmas Fayre-**

2.30 start Years R-2

3.25 start Years 3-6

**13th December– 6.30– Years 5/6– Carols at  
St. Helen's Church**

**14th December– 10.00 Year 1 Nativity**

2.30 Years 3/4 Outdoor carols

5.30 Year 1 Nativity

**15th December– Christmas dinner**

10.00 Year 2 Nativity

5.30 Year 2 Nativity

**16th December– 2.00 Reception classes nativity**

**20th December– LAST DAY AT SCHOOL**

## Child and Family Counselling Services

Parents are now able to access direct support for their child by referring them into the safe hands of our Child and Family Counselling Services (CFCS). We have a team of highly experienced Counsellors, Specialist Child and Adolescent Counsellors and Play Therapists available within the counselling team who work in our specially adapted therapy rooms.

We offer support to children, young people and parents through talking, play and art therapy.

CFCS provides therapy to children, young people and families. We support many different issues such as:

- Self-harm
- Identity
- Anxiety
- Bullying
- Bereavement
- Parental separation and family issues or conflict.

The pathway is overseen by our Head of Child and Family Counselling Services, who is supported by a team that are both passionate about and dedicated to the wellbeing of children and young people. The team has achieved very positive and reparative outcomes for children and families.

### What can you expect?

After an initial contact, we will arrange an assessment to explore the issues your child may be experiencing and will then identify which model best supports the difficulty your child may be facing.

### Who do you contact?

If you are worried about your child and would like to talk to us further, please either email Catherine [cmunns@bccs.org.uk](mailto:cmunns@bccs.org.uk) or call on 07792 732206 and we will be pleased to help.

Take a moment to read about the experience a parent shared with us:

*I had contacted a number of professional services to assist me in helping my daughter. At the suggestion of my daughter's school a referral was made to BCCS and it was then that I met one of their counsellors. After months of unanswered questions and "hitting brick walls" I finally had answers, structure and a profound understanding of how a small little girl's mind works.*

*For me, there has been nothing so worrying as watching your child struggle and the BCCS counsellor's help has enabled me to help her for which I will be forever grateful.*

[www.bccs.org.uk](http://www.bccs.org.uk)

[headoffice@bccs.org.uk](mailto:headoffice@bccs.org.uk)

BCCS, 133 High Street, Billericay, Essex, CM12 9AB  
Brentwood Catholic Children's Society - Registered Charity Number: 1000661

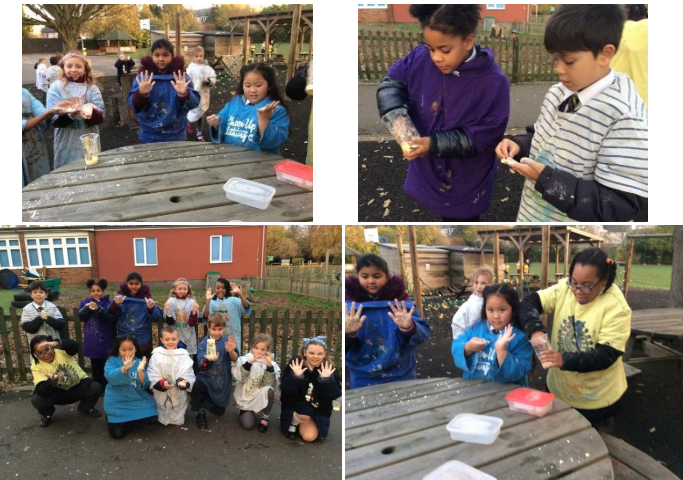




**Year 6** investigated adaptations made by birds to survive. Darwin discovered that birds, specifically finches, living on the Galapagos Islands, over time, changed their beak shape to adapt to the feeding conditions. Year 6 performed an experiment testing beak shapes with different food. Overall they said the dip-netting beak was the best when food was sorted, however a pointy beak was needed when having to sort the food from extra bits.



The third week of **Science club** tested the pupil's knowledge of solids and liquids. They made a non-Newtonian liquid, letting the material become solid if they put energy on it and liquid when they stopped playing with it. We watched someone walking on custard and testing this on a grander scale.



### **Football - year 5 & 6 Emerging Team Tournament**

The boys team had an amazing day at the tournament last week. Winning 6 games and qualifying in first place! Earning an invitation to the main competition in the process . Fantastic work.



### **Big Sleep out**

What an amazing sleep out this year. Over 40 children slept out to support HARP. S'mores, shelter building and a lot of fun and not a lot of sleep! We have raised £1966 so far - what a fantastic effort from everyone.



**Year 6** are enjoying PE lessons with the Schools Partnership and the Year 6 teachers. They developed their skills in Rugby - dodging, passing, tackling.

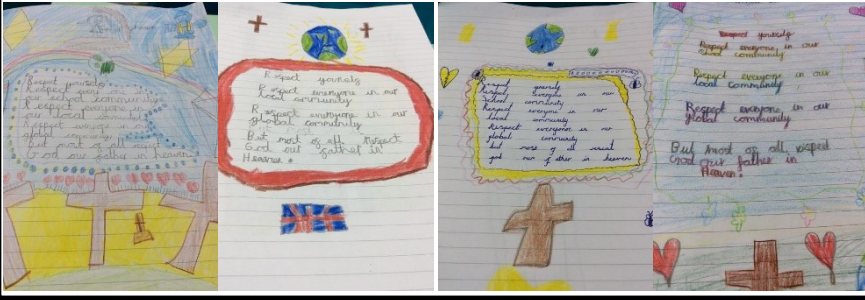


**2 Seahorses** consolidated their 3d shape knowledge by going on a shape hunt outside in the playground. We found cylinders, cubes, cuboids, spheres and even a triangular prism. Can you spot them in our pictures?





The children are coming to the end of their second **RE topic** this school year, Baptism / Confirmation and Belonging. They have produced some lovely class displays and have completed some fabulous work in their RE books. The children will be introduced to another faith in their next Come and See topic which is Judaism.



teaching and learning alongside each other.



## 2 Seahorses reading with parents

[illegible]



## STARS OF THE WEEK

|               |                           |
|---------------|---------------------------|
| R Hedgehogs   | Kathryn Bance             |
|               | Ignazio Burzotta          |
| R Squirrels   | Nancy Fitzsimmons         |
| 1 Jellyfish   | Heidi Lockwood            |
| 1 Starfish    | Brody Vaughan             |
| 2 Oysters     | Jesse-James Parkin-Webber |
| 2 Seahorses   | Gjoida Ndoj               |
|               | Nathan Matthews           |
| 3 Robins      | Evana Sunil               |
|               | Andrea Sunil              |
| 3 Seagulls    | Catherine Rijo            |
| 4 Fountains   | Benjamin Ojo              |
| 4 Gideon      | Diona Sunil               |
|               | Adediwura Oluwasola       |
| 5 Rosa Parks  | Louie Pradeesh            |
| 5 Walter Tull | Jennifer Vavrekova-Sossou |
| 6 St. Anthony | Maria Souza               |
| 6 St. Raphael | Rui Gregorio              |

## POSITIVE PLAY SUPERSTARS

Frank Pinnington  
Anele Kemoeng  
Alessia Di Leone  
Anna Michaelson  
Seren Sweeney-Syrett  
Praila Bocci  
Aarian Sylvester

**St. David 935**  
**St. Patrick 798**  
**St. Andrew 768**  
**St. George 774**

## RE Topics – Baptism/ Confirmation

**Early Years – WELCOME** Baptism; a welcome to God's family

**Year 1 – BELONGING** Baptism an invitation to belong to God's family

**Year 2 – SIGNS & SYMBOLS** Signs and symbols in Baptism

**Year 3 – PROMISES** Promises made at Baptism

**Year 4 – CALLED** Confirmation: a call to witness

**Year 5 – LIFE CHOICES** Marriage commitment and service

**Year 6 – VOCATION & COMMITMENT**  
The vocation of priesthood and religious life

## National Anti-bullying week

The theme this year is to **REACH OUT** and report whenever we see bullying. As a team, we are stronger and can fight anti-bullying.

Years 1 and 2 learnt this poem and put actions to it – see if they can recite it with you at home.....

### Stop

Stop,  
Don't bully me,  
It's not okay,  
You're making me feel small,  
I don't deserve this at all,  
Please just stop.

We are running a competition for the children. We would like them to write a prayer or poem about anti-bullying and return it to Mrs Mouchel or Mrs Pease.

AND FINALLY WE REMINDED THE CHILDREN  
TO TELL SOMEONE IF THEY THINK THAT  
THEY ARE BEING BULLIED.

In the key stage 2 assembly, we shared the following prayer.....

### Whispering in my head

O God,  
Close my ears to the whispering and the sniggering and the name-calling of those who want to torment me.

I hear them in the playground, I hear them in the corridor, I hear them on the way home.

Worst of all, I hear them in my head when I am alone in my room and when I am awake in the night.

O God,  
Close my ears to ignore them, and open my Mouth to tell on them, not because I am Mean, but because I am brave to stop their Nastiness spreading even further.

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School Gateway: [www.schoolgateway.com](http://www.schoolgateway.com)

Facebook: <https://www.facebook.com/sthelenswestcliff/>