

**ST. HELEN'S CATHOLIC PRIMARY SCHOOL**  
**SUMMER LUNCH MENU**

WEEK 2	MONDAY	TUESDAY	Wednesday	Thursday	Friday
<b>RED</b>	beef bolognaise pasta garlic bread sweetcorn <b>contains wheat</b>	all day breakfast - pork sausage, bacon hashbrown, beans, mushrooms, tomatoes, omelette <b>contains sulphur dioxide, sulphites, egg</b>	roast turkey roast potatoes broccoli, carrots, green beans	BBQ pork rice / new potatoes peas <b>contains - please check with school</b>	fish fingers chips beans/sweetcorn/spaghetti <b>contains fish, wheat</b>
<b>GREEN</b>	veggie pizza, baked skinny fries sweetcorn <b>contains wheat</b>	All day veggie breakfast - quorn sausage, hashbrown, beans, mushrooms, tomatoes, omelette <b>contains soya, egg</b>	roast quorn roast potatoes broccoli, carrots, green beans <b>contains soya, egg</b>	BBQ quorn rice / new potatoes peas <b>contains soya, egg</b>	fish fillet chips beans/sweetcorn/spaghetti <b>contains fish, wheat</b>
<b>BLUE</b>	jacket pototo tuna mayo <b>contains fish, egg</b>	jacket pototo tuna mayo <b>contains fish, egg</b>	jacket pototo tuna mayo <b>contains fish, egg</b>	jacket pototo tuna mayo <b>contains fish, egg</b>	jacket pototo tuna mayo <b>contains fish, egg</b>
<b>PURPLE</b>	jacket potato cheese & beans <b>contains milk</b>	jacket potato cheese & beans <b>contains milk</b>	jacket potato cheese & beans <b>contains milk</b>	jacket potato cheese & beans <b>contains milk</b>	jacket potato cheese & beans <b>contains milk</b>
<b>PINK</b>	cheese roll <b>contains wheat, milk</b>	tuna mayo wrap <b>contains fish, egg, wheat</b>	boiled egg sandwich <b>contains wheat, egg</b>	tuna mayo roll <b>contains fish, egg, wheat</b>	cheese wrap <b>contains milk, wheat</b>
<b>ORANGE</b>	tuna mayo roll <b>contains fish, wheat, egg</b>	ham wrap <b>contains wheat</b>	chicken sandwich <b>contains wheat</b>	sausage in a roll <b>contains sulphur dioxide, sulphites, wheat</b>	egg mayo wrap <b>contains egg, wheat</b>
	salad bar flapjack/yogurt/fruit <b>contains oats, wheat, milk</b>	salad bar jelly topped with fruit & ice cream/ strawberry whip <b>contains milk</b>	salad bar fruit crumble & custard/ banana & custard/ fruit <b>contains wheat, milk</b>	salad bar cookies/yogurt/fruit <b>contains wheat, egg, milk</b>	salad bar chocolate cake & chocolate custard/fruit <b>contains wheat, egg, milk</b>
<b>YELLOW - must be booked please</b>	HOME PACKED LUNCH	HOME PACKED LUNCH	HOME PACKED LUNCH	HOME PACKED LUNCH	HOME PACKED LUNCH

WEEK 1	MONDAY	TUESDAY	Wednesday	Thursday	Friday
RED	chicken nuggets tomato pasta sweetcorn contains wheat, egg	build a burger wedges tomato, cucumber, lettuce spaghetti contains wheat	roast chicken boiled potatoes peas, carrots, green beans	pork sausage pommes / mash potato mixed veg, beans contains sulphur dioxide, sulphites	fish fingers chips beans/sweetcorn/spaghetti contains fish, wheat
GREEN	quorn nuggets tomato pasta sweetcorn contains wheat, egg	build a quorn burger wedges tomato, cucumber, lettuce spaghetti contains wheat, milk, barley	roast quorn boiled potatoes peas, carrots, green beans contains soya, egg	quorn sausage pommes / mash potato mixed veg, beans contains soya, egg	fish fillet chips beans/sweetcorn/spaghetti contains fish, wheat
BLUE	jacket pototo tuna mayo contains fish, egg	jacket pototo tuna mayo contains fish, egg	jacket pototo tuna mayo contains fish, egg	jacket pototo tuna mayo contains fish, egg	jacket pototo tuna mayo contains fish, egg
PURPLE	jacket potato cheese & beans contains milk	jacket potato cheese & beans contains milk	jacket potato cheese & beans contains milk	jacket potato cheese & beans contains milk	jacket potato cheese & beans contains milk
PINK	cheese roll contains milk, wheat	tuna mayo wrap contains fish, egg, wheat	boiled egg sandwich contains egg, wheat	tuna mayo roll contains fish, egg, wheat	cheese wrap contains milk, wheat
ORANGE	tuna mayo roll contains fish, egg, wheat	ham wrap contains wheat	ham sandwich contains wheat	Sausage in a roll contains sulphur dioxide, sulphites, wheat	egg mayo wrap contains egg, wheat
	salad bar Artic roll / apple muffins / fruit contains milk, wheat, egg	salad bar shortbread biscuits / yogurt / fruit contains wheat, milk	salad bar apple pudding & custard / jelly & fruit / fruit contains wheat, egg, milk	salad bar peach melba / iced cake / fruit contains milk, wheat, egg	salad bar banana cake & custard / yogurt / fruit contains wheat, egg, milk
YELLOW – must be booked please	HOME PACKED LUNCH	HOME PACKED LUNCH	HOME PACKED LUNCH	HOME PACKED LUNCH	HOME PACKED LUNCH