



Southend's Homeless Charity

HARVEST APPEAL 2021

Schools, churches and community groups can arrange to have large donations collected by contacting:

supportercare@harpssouthend.org.uk

Or drop off your collection to HARP's
Bradbury Day Centre, 103-107 York
Road, Southend, SS1 2DL
(Preferably Mon-Fri, 1pm - 4:30pm)

www.harpssouthend.org.uk



URGENTLY NEEDED

Tea & coffee
Sugar
Pot Noodles/Supernoodles
Tinned meals (curry/chilli etc.)
Baked beans
Tinned hot dogs and meatballs
Squash & juice
Cooking sauces - (curry/chilli etc.)
Breakfast cereals

NEEDED

Biscuits
Rice
Pasta sachets
Marmite & peanut butter etc.
Cooking sauces (chilli, curry etc.)
Cup-a-Soup
Tinned veg
Ground pepper, herbs & spices
Gravy, stuffing & stock cubes
Tinned meat (spam, corned beef, ham)
Pasta and pasta bake sauces
Fray Bentos meat pies and puddings
Cooking oil
Tinned pasta, ravioli, macaroni
Spaghetti
Tinned fish including tuna

ALSO WELCOME (NOT URGENT)

UHT Milk
Tinned fruit
Mayo
Tinned new potatoes
Multi-packs of small packs of crisps
Snack chocolate bars
Ketchup, BBQ and brown sauce
Cans and cartons of soft drinks
Instant mash
Rice pudding
Microwave rice pouches