

# ST. HELEN'S NEWS

ASSISI  
CATHOLIC  
TRUST



24th March 2023 <https://www.facebook.com/sthelenswestcliff/>

## Our Mission Statement

Respect yourself  
Respect everyone in our school community  
Respect everyone in our local community  
Respect everyone in our global community  
But most of all, respect God our Father in Heaven



## Senior Leaders Special Mentions

### 1 Starfish

Your lovely assembly- your enthusiastic singing, praying and sharing lots of the things that you have learnt.  
Well done!

### Eleanor Greenwood-Kyndt & Pixie Troszczyńska-James

Your help at lunchtime- thank you for being in charge of the books.  
Well done!

### 2 Seahorses & 2 Oysters

Your impressive performance at the Infant Music Festival/assembly in school.  
Well done!

### Nathaniel Szkurlat, Amari Abdul, Jenson Anderson & Albie Upward

Your stickability- working together to complete a challenging jigsaw.  
Well done!

## DATES FOR YOUR DIARY

**27th March- Year 2- Sealife Centre**

**28th March- Easter performance to year 4 parents - 2pm**

**29th March- Hot Cross Run (selected children)**

**30th March- Jellyfish assembly to parents**

**31st March- Last day at school**

**Easter Holidays- Return 17th April**

Southend councils' attendance officer monitors lateness regularly. She recently monitored on Tuesday 21<sup>st</sup> March and will be monitoring again on another date next month .

DON'T MISS OUT!

CLOSING DATE MONDAY 27TH MARCH

ST. HELEN'S PTFA

Be creative, be silly, but most of all have fun!  
Make your own Easter hat.

Win yourself an Easter egg!

CLOSING DATE  
MONDAY  
27 MARCH

## EASTER HAT COMPETITION

Ensure your hats are labelled with your name and class so we know who you are!

Please hand your entries into Ms King, year 1 Jellyfish class by 27 March.

The judges will announce the winner from each class on Wednesday 29 March.

## What Is Autism?



Autism is a lifelong developmental disability which affects how people communicate and interact with the world



Let's Talk About Autism, Acceptance & Understanding

### MYTH #1 "EVERYONE'S A LITTLE AUTISTIC"

**FALSE** - Everyone has autistic traits & everyone presents autistically at different times to a certain extent. But you are only autistic if your brain is built in that way.

### MYTH #2 "AUTISM IS A MENTAL HEALTH CONDITION"

**FALSE** - Autism is a cognitive difference between people. It should not be viewed as flawed or problematic & does not need to be treated. It is simply a difference.

### MYTH #3 "AUTISM MAINLY AFFECTS YOUNG CHILDREN"

**FALSE** - People are autistic all of their lives.

### MYTH #4 "ALL AUTISTIC PEOPLE HAVE LEARNING DIFFICULTIES"

**FALSE** - Many autistic people have learning differences, some may require extra support, however most of all there is a need for

**PATIENCE & UNDERSTANDING.**

Week 3 of **Science club** consisted of making a non-newtonian fluid. The scientists experimented with cornflour and water to make slime. When energy was imparted onto the slime, it became a solid but when left alone, it suddenly acted as a liquid.

A good video to watch of this in action is <https://www.youtube.com/watch?v=Iz9KnPZWOgs>



**6A** had a very enjoyable and exciting time at the library! We love that the library is free to join and they have audio books and games that you can play!



On Monday, **3 Robins** went to Southend Library (also known as the Forum) to learn about all the wonderful books full of fantastic stories for them all! Can they tell you how many books are at Southend Library (over 700,000) or how many books they can take out a time? (14) Can they tell you how to help them find their favourite books and authors if the book isn't on the shelf? (Go to the Information Desk.) The students were especially excited to find books in other languages like Portuguese and Polish. We had a wonderful time. Each child should have come home with a slip to fill out to get a library card. Big thanks to our parent helper's: Elijah's mum, Nashe's mum, Aakifa's mum and Liliana's dad! We couldn't have done it without you!



**3 Seagulls**– Library trip



**SCIENCE WEEK**



Our Easter mystery bags have been delivered to families this week. Huge thanks to Mrs Howe who came to visit us and collated and packed the Easter Mystery Bags with help from some of the older rainbow children and Mrs Mertens.



southend adult community college

# SPANISH

FAMILY LEARNING  
Saturday 22nd April



**£15**  
per family  
for 5 sessions\*

Come and learn Spanish with your family having fun and creating a great bonding experience while learning the basics of a new language and culture.

\*Children must be aged between 8-12 years. Maximum of 2 children per adult unless there are exceptional circumstances.

Course code: FL005Y22S1  
For more info: 01702 445700 | www.southend-adult.ac.uk

A special thank you to St Bernard's for inviting **Years 5 and 6** to the performance of Annie which was amazing, incredible, wonderful and enjoyed by all!!

2 Seahorses identifying plants that are found in the area .



Guidance on how to set parental controls and privacy settings from The 2 Johns.

<https://esafetytraining.org/resources/parents-carers-area/settings/>

Helpful resources and guidance from The 2 Johns to support parents and carers with children who may be more at risk of online harms, including children with additional needs.

<https://esafetytraining.org/resources/parents-carers-area/inclusive-resources/>

2 Seahorse class are enjoying playing UNO. Mrs Clarke taught them the rules and they are all desperate to beat her!

If you have any unused Uno cards at home we will happily make sure they are looked after.



## Year 4 Romans Day



## STARS OF THE WEEK

R Hedgehogs	Connie Condron Jeffrey Asante
R Squirrels	Rachelle Fimin
1 Jellyfish	Sienna Rizzo
1 Starfish	Jaiden Anoop
2 Oysters	Ethan Adenodi Tharaga Karthikeshan
2 Seahorses	Daisy Garces Isaac Banda
3 Robins	Ishaan Jayan Nashe Magadzire
3 Seagulls	Emma Mica Despoina Sadikllari
4 Fountains	Andrei Noulton
4 Gideon	Aaron Parirenyatwa Sophie Green
5 Rosa Parks	Oliver Wroblewski
5 Walter Tull	Mary Jose
6 St. Anthony	Bethreece Pardo
6 St. Raphael	Jaydon King Zara Keeton Logan Edwards

## POSITIVE PLAY SUPERSTARS

Ollie Cooke  
Julius Metyko  
James Hunter  
Andrea Asaro  
Louie Pradeesh  
Maria Hyde  
Sam Peralta  
Rui Gregario

St. David 715  
St. Patrick 640  
St. Andrew 675  
St. George 694

## RE Topic– Lent/Easter-Giving

Early Years– GROWING

Looking forward to Easter

Year 1– CHANGE

Lent a time for change

Year 2– OPPORTUNITIES

Lent; an opportunity to start anew in order to celebrate Jesus' new life

Year 3-GIVING ALL

Lent a time to remember Jesus' total giving

Year 4– SELF DISCIPLINE

Celebrating growth to new life

Year 5– SACRIFICE

Lent a time of aligning with the sacrifice already made by Jesus

Year 6– DEATH & NEW LIFE

Celebrating Jesus' death & resurrection

Brentwood Catholic Children's Society (BCCS) offers therapeutic support directly to children, young people, families and parents through their Child and Family Counselling Service (CFCS) located in their head office in Billericay. Their CFCS team consists of several experienced and highly qualified therapists working in specially adapted therapy rooms. Families can contact BCCS directly by emailing Catherine Munns [cmunns@bccs.org.uk](mailto:cmunns@bccs.org.uk) who will outline the type of support that will be provided for them or their child. There is a charge for this service but they urge any families needing support to contact them. More information is available on their website: [www.bccs.org.uk](http://www.bccs.org.uk)

Thank you for your continued support,

Kind Regards,

Catherine Munns    Head of School Services and Clinical Development    Brentwood Catholic Children's Society

### The snack trolley is returning! - 18th April

Grapes 50p	Mini cheese/babybel & Breadsticks 60p
Apples 20p	2 triangles & Breadsticks 60p
Satsumas 20p	Philadelphia & Breadsticks 75p
Pears 20p	
Raisins 20p	
Fruity raisins 20p	
Soft apricot snacks 25p	
Mini malt loaf 35p	
Bread sticks 25p	
Mini cheese/Babybel 35p	
Philadelphia tub 50p	
Cheese triangles 2 for 35p	

**Congratulations to Hannah and Evana on the birth of their baby sister Elena.**



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